


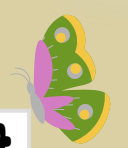


March

Happyasaurus

★ Activities in this colour are explained in the supplementary activity sheets on your portal.

These activities originate from the Oliiki app. 



TUE

WED

THU

FRI

SAT

SUN

MON

5

"Smiling makes me happy because..."

6



Make a daffodil for Saint David

7

Loud and soft shakers


8



Create a Mother's Day card

9

Spend time outside




10



Celebrate Mother's Day

11

Bake an apple crumble



12

Share three moments that made you smile today

13



Create some Happyasaurus biscuits

14

Draw a picture of someone who makes you happy

15

Explore the colour green




16

Have a tea party



17



Say an affirmation "I am Happy"

18

Breathing techniques

19

Create a playdough happy face

20

Spread happiness in the local community



21

Create a happiness jar




22

Do some dancing



23

What makes you happy?



24




Visit your local Greenhalghs

25

Sing your favourite song

26

Massage session



27

Decorate an Easter Egg



28

Musical Instruments



29

Go on an Easter Egg Hunt



30



Make someone smile

31

HAPPY EASTER

